

Develop Your GuitEAR - The Rhythm Sessions

Rhythmic Clapback

Rhythmic clapback will help you;

- Identify and develop rhythms at a higher level without being limited by your guitar technique and playing abilities
- Build confidence that you comprehend the rhythm so that you can play rhythms with less difficulty when practicing guitar
- Be able to lock in with music so that you can take on more difficult rhythm, even if you cannot read rhythmic or rhythm notation

Note for intermediate/advanced players: The examples provided are very basic, you may want to use your favourite music at medium-high tempos by first doing the clapback exercises using the methods below. Once you can do this confidently record yourself clapping simultaneously over the music to make sure you are really locked in with a tight rhythm.

The unique benefit to rhythmic clapback exercises is that it helps you to develop a feel for rhythm (literally feeling it in your hands) so that even if you can't yet play it on your guitar you will have a sense of what you should be playing. This makes it much easier to develop the timing in your technique as you will already have the confidence that you do know the rhythm.

In the audio examples provided you will develop this skill by using the process shown in the table below.

You will hear four counts of a metronome to establish the beat.	You will hear a short melody play, pay attention to the rhythm	There will be a short break after the melody has finished, you are to clapback the rhythm of the melody you just heard	The music will return for a second time, pay attention to the rhythm	There will be a short break after the melody has finished, you are to clapback the rhythm of the melody you just heard	← Think you did it well? For an extra challenge record yourself clapping to the music and make sure clapping is dead on time before moving on
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